

WINDY HILL

ATHLETIC CLUB®

breakfast

midtown breakfast* <i>two eggs your way, choice of bacon or chicken sausage, breakfast potatoes, wheatberry toast</i>	\$14	chicken biscuit <i>battered chicken breast, buttermilk biscuit, barrel aged peach jam</i>	\$11
veggie scramble <i>two eggs, spinach, tomato, onion, sautéed mushroom, topped with monterey jack and sliced avocado</i>	\$12	stuffed french toast <i>cinnamon sugar cream cheese filling, warm peaches, maple syrup</i>	\$15
avocado crunch <i>mashed avocado, tomato, pickled red onion, sunflower seed, everything bagel</i> add egg* - \$2	\$11	bagel & lox <i>whipped cream cheese, smoked salmon, capers, pickled red onion, everything bagel</i>	\$14
		breakfast sandwich* <i>folded egg, choice of bacon or chicken sausage, cheddar, croissant</i>	\$11

a la carte

applewood smoked bacon	\$5	bagel with cream cheese	\$3
chicken sausage	\$4	avocado	\$2
two eggs*	\$5	wheatberry toast	\$2
breakfast potatoes	\$5	fresh fruit	\$5
buttermilk biscuit	\$3		

*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF
FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

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starters

traditional wings choice of: buffalo, caribbean jerk, lime pepper, Windy Hill house rub, ranch or bleu cheese	\$15	hummus plate house-made hummus, crudité, crispy naan	\$12
giant bavarian pretzel whole grain mustard	\$10	tuna poké* ahi grade tuna, edamame, cucumber, mango, cilantro, citrus, ponzu, lime pepper wontons	\$15
falafel platter house-made falafel, tzatziki, crudité, crispy naan	\$14	corn & black bean salsa corn, black bean, onion, tomato, cilantro, pickled jalapeño, pita chips	\$12

salads

vegetarian caesar romaine, parmesan, croutons, house-made vegetarian caesar dressing	\$13	mediterranean breeze romaine, feta, cucumber, tomato, red onion, banana peppers, kalamata olive, crispy chickpeas, lemon vinaigrette	\$13
cobb romaine, oven roasted turkey breast, bacon, boiled egg, tomato, goat cheese, green onion, balsamic vinaigrette	\$14	mandarin kale kale, mandarin orange, candied pecan, dried cranberry, shredded carrot, granny smith apple, sesame ginger dressing	\$14
kale bliss goat cheese, tomato, red onion, carrot, walnuts, sesame ginger dressing	\$12	southwest steak bulgogi steak, spinach, tomato, black bean corn pico, green onion, tortilla strips, chipotle ranch	\$18

all salads available as wrap with side

add protein: grilled chicken - \$5, grilled salmon* - \$7, seared ahi tuna* - \$7, bulgogi steak* - \$7, falafel - \$5

sides: french fries, house chips, sweet potato waffle fries, fresh fruit (+ \$2), rice, garden salad, seasonal veggies

bowls

bibimbap* bulgogi steak, cahokia high protein brown rice, spinach, carrots, green onion, cucumber add egg* - \$2	\$16	southwest chicken grilled chicken, cahokia high protein brown rice, avocado, corn and black bean pico, cilantro, chili-lime aioli	\$15
philly bowl bulgogi steak, cahokia high protein brown rice, bell pepper, red onion, mushroom	\$16	chicken shawarma cahokia high protein brown rice, hummus, feta, cherry tomato, cucumber, red onion, kalamata olive, cilantro	\$15
ahi tuna* seared ahi tuna, cahokia high protein brown rice, cucumber, mango, edamame, pickled red onion, wasabi crema	\$16		

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flatbreads substitute cauliflower crust - \$2

cheese stone baked flatbread, marinara, mozzarella, parmesan	\$13	margherita stone baked flatbread, basil pesto, mozzarella, tomato, balsamic glaze	\$14
bbq chicken stone baked flatbread, BBQ sauce, grilled chicken, bacon, monterey jack, red onion, scallion	\$15	steak and cheese* stone baked flatbread, bulgogi steak, mozzarella, bell pepper, red onion, sautéed mushroom, scallion	\$15
mediterranean delight stone baked flatbread, basil pesto, feta, onion, spinach, tomato, kalamata olive, balsamic drizzle	\$14	jerk chicken caribbean jerk grilled chicken, monterey jack, pineapple, red onion, scallion	\$14

handhelds all handhelds served with choice of side

windy hill burger* 6 ounce beef patty, cheddar, shredded lettuce, tomato, red onion, pickle, dijonaize, brioche bun vegetarian alternative available	\$15	california club oven roasted turkey, bacon,, lettuce, tomato, avocado, smoked gouda, wheatberry toast	\$15
signature burger* 6 ounce beef patty, smoked gouda, shredded lettuce, sautéed mushroom, bacon jam, brioche bun vegetarian alternative available	\$15	tuna melt* house-made tuna salad, cheddar, wheatberry toast	\$15
backyard burger* 6 ounce beef patty, local beer battered onion ring, smoked gouda, bacon, BBQ sauce, brioche bun vegetarian alternative available	\$15	spicy blt bacon, lettuce, tomato, sriracha aioli	\$14
turkey brie crisp oven roasted turkey, creamy brie, green apple, fig preserves, croissant	\$14	nashville hot chicken sandwich nashville hot fried chicken, shredded lettuce, pickle, honey sriracha, brioche bun	\$14
		chicken parmigiana breaded chicken breast, marinara, melted mozzarella, parmigiano reggiano, brioche	\$14

substitute gluten free bun or bread - \$2
choice of side: french fries, house chips, sweet potato waffle fries, fresh fruit (+ \$2), rice, garden salad, seasonal veggies

a la carte

french fries	\$5	cahokia high protein brown rice	\$4
sweet potato waffle fries	\$6	fresh fruit	\$5
seasonal veggies	\$5	garden salad	\$4

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beer

draft

sweetwater 420 extra pale ale <i>atlanta, georgia</i>	\$8	scofflaw basement ipa <i>atlanta, georgia</i>	\$8
gate city amber ale <i>roswell, georgia</i>	\$8	new realm euphonia pilsner <i>atlanta, georgia</i>	\$8
terrapiin los bravos <i>athens, georgia</i>	\$8	stillfire peach state light <i>suwanee, georgia</i>	\$8

package

miller lite <i>milwaukee, wisconsin</i>	\$6	stella artois <i>leuven, belgium</i>	\$7
bud light <i>st. louis, missouri</i>	\$6	scofflaw nice lager <i>atlanta, georgia</i>	\$7
Michelob Ultra <i>st. louis, missouri</i>	\$6	heineken 0.0 <i>amsterdam, netherlands</i>	\$7
white claw <i>assorted flavors</i>	\$6	new realm hazy ipa na <i>atlanta, georgia</i>	\$7
blue moon <i>denver, colorado</i>	\$7		

wine

zardetto prosecco brut <i>veneto, italy</i>	\$10/\$30	figuier mediterraneé rosé <i>provence, france</i>	\$10/\$30
villa maria sauvignon blanc <i>marlborough, new zealand</i>	\$10/\$30	straight shooter pinot noir <i>willamette valley, oregon</i>	\$10/\$35
zenato pinot grigio <i>veneto, italy</i>	\$10/\$30	prisoner red blend <i>napa valley, california</i>	\$12/\$40
matchbook chardonnay <i>california</i>	\$11/\$33	iron & sand cabernet sauvignon <i>paso robles, california</i>	\$12/\$40
frisk prickly rielsing <i>alpine valleys, victoria</i>	\$9/\$25		

smoothies

12oz - \$7 / 16oz - \$10

fresa

*strawberry, banana, yogurt,
vanilla protein*

very berry

*strawberry, blueberry, raspberry,
blackberry, banana*

veggie patch

*spinach, coconut, avocado,
pineapple, cucumber, ginger,
banana, coconut water*

green paradise

*coconut water, spinach,
mango, pineapple, banana,
vanilla protein*

deja brew

coffee, latte powder, vanilla protein

chocolate elvis

*almond milk, peanut butter,
banana, chocolate protein*

school lunch

*almond milk, raw oats, peanut
butter, raspberry, blueberry,
vanilla protein*

matcha madness

*almond milk, matcha powder,
chocolate chips*

snickerdoodle

*almond milk, yogurt, cinnamon,
vanilla extract, vanilla protein*

rotating favorite

*ask our associates about
today's offering*

add-ons: *vanilla whey, chocolate whey, plant based vanilla,
plant based chocolate, turmeric, ginger, creatine, collagen (\$2)*

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kids menu

*includes choice of french fries, apple slices,
or mandarin oranges and choice of
select beverage*

turkey sandwich	\$10
cheese quesadilla	\$10
lil' burger*	\$10
chicken tenders	\$10
chicken rice bowl	\$10

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