



THE SPA  
AT MIDTOWN

## SPA SERVICES

### MASSAGES

Custom Massage

30 minutes

60 minutes

90 minutes

120 minutes

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**\$53** \$61

**\$90** \$104

**\$125** \$144

**\$160** \$184

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### RELAXATION MASSAGE

*Concentrates on the muscles and connective tissue of the body for improved circulation, relaxation, and overall wellbeing*

### DEEP TISSUE MASSAGE

*Relieve muscle stiffness with slow, deep movements and trigger point therapy. Helpful for chronically tense areas such as neck, low back, and shoulder.*

### PRE-NATAL MASSAGE

*Gentle bodywork for the expectant mother. Benefits include relief of low back pain, sciatica, and other discomforts associate with pregnancy. Recommended only after the first trimester.*

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### CANCELLATION POLICY

*A 24-hour cancellation notice is required to avoid being charged a fee. No-shows will be charged the full service fee. Late cancellations on less than 24 hours notice are subject to a 50% fee, unless the service is rescheduled within 7 days.*

### AGE POLICY

*Guests must be 18 years or older to receive services. Guests under 18 years old are welcome to use salon services if accompanied by a parent or guardian.*

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MON	10:00am - 8:00pm
TUE	CLOSED
WED	2:00pm - 7:00pm
THUR	9:00am - 5:00pm
FRI	4:00pm - 8:00pm
SAT	9:00am - 3:00pm
SUN	CLOSED

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[midtown.com/request-spa-appointment](http://midtown.com/request-spa-appointment)